

## Restaurants

### Restaurants in the Harima Science Garden City

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- Café&Restaurant “Ai Mates”** 1-19-4 Kouto, Mikazuki-cho, Sayo-gun, Tel : 0791-59-8150,  
*Hours* : 9:00 ~ 17:00 17:00 ~ 21:00 (a subscription basis) Closed on Saturdays, Sundays and National holidays  
*Specialty* : Light meals (fried vegetables, fried noodles,etc) &Drinks (coffee, beer, wine, etc) *Price* : 300 yen ~
- Public House “Mansaku”** At “Kouto Plaza” in the Harima Science Garden City, Tel : 0791-59-8061,  
*Hours* : 11:00 ~ 14:00 17:00 ~ 22:00, Closed on Sundays Only Saturday night Opens  
*Specialty* : Grilled chicken, Japanese hotchpotch, fried food, many kinds of sake
- Japanese Restaurant “Kiraku”** At “Kouto Plaza” in the Harima Science Garden City, Tel : 0791-58-0507,  
*Hours* : 11:00 ~ 14:00 17:00 ~ 20:00, Closed on Sundays and National holidays  
*Specialty* : Japanese style lunch (grilled meat, a bowl of rice with a fried pork, etc.) *Price* : 900 yen ~
- Restaurant Harima** At the Center for Advanced Science & Technology (CAST), Tel : 0791-58-0600,  
*Hours* : 9:00 ~ 20:00 (Last orders 19:30) Closed during the New Year Holidays  
*Specialty* : Japanese style Noodles and Dinners *Price* : 1,000 ~ 3,500 yen
- “Harima club”** 3-7-1 Kouto, Kamigori-cho, Ako-gun, Tel : 0791-58-0009,  
*Hours* : 10:00 ~ 22:00, Closed on Mondays  
*Specialty* :OKONOMIYAKI (Japanese style pizza) *Price* : 350 ~ 750 yen

### Restaurants in the vicinity of the Harima Science Garden City

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- Volcano Mihara Bokujo** Mihara Bokujo, Mikazuki-cho, Sayo-gun, Tel : 0790-79-3777  
*Hours* : 11:00 ~ 20:00, Closed on Wednesdays  
*Specialty* : Spaghetti and pizza. *Price* : 800 ~ 1,200 yen
- Chinese Restaurant “Haru”** Sueno, Mikazuki-cho, Sayo-gun, Tel : 0790-79-2973  
*Hours* : 11:00 ~ 21:00, Closed on Wednesdays  
*Specialty* : noodles, Chinese lunch, gyoza (fried dumplings stuffed with minced pork).  
*Price* : 450 ~ 900 yen
- Ajiwai no Sato, Mikazuki** 1266 Noino, Mikazuki-cho, Sayo-gun, Tel : 0790-79-2521  
*Hours* : 10:00 ~ 17:00, Closed on Tuesdays  
*Specialty* : Country style vegetarian menu with organically grown vegetables and home made Soba noodles.  
 Reservations required for Prix Fixe Dinner menus  
*Price* : 500 ~ 4,000 yen  
 A gift shop for the local produce is right next to the restaurant. Hours : 9:00 ~ 17:00
- “Omoteya”** 168 Sanomune, Mikazuki-cho, Sayo-gun, Tel : 0790-79-2491  
*Hours* : 11:30 ~ 16:00 , Closed on Tuesdays and Wednesdays  
*Specialty* : Tororomesizen  
*Price* : 1,300 yen
- Japanese Restaurant “Koma”** 76 Shimoazawara, Shingu-cho, Ibo-gun, Tel : 0791-78-0444  
*Hours* : 14:00 ~ 20:00 , Closed on Mondays  
*Specialty* : grilled meat, seasonable dishes  
*Price* : 800 yen ~
- Montana** 623-1 Nouji, Shingu-cho, Ibo-gun, Tel : 0791-75-5000  
*Hours* : 7:30 ~ 21:00 (the last orders: 20:30) Closed on the second and the fourth Mondays  
*Specialty* : Light meals ( Hamburgers, Cutlets, fried noodles, etc.) *Price* : 550 ~ 830 yen
- Restaurant “Yoshinoya”** 1645-9 Kamigori, Kamigori-cho, Ako-gun, Tel : 0791-52-0052  
*Hours* : 11:30 ~ 21:00, Closed on Mondays  
*Specialty* : Typical Japanese dishes ( Sashimi, Tempura, Kabayaki, etc.), Kaiseki Ryori ( a formal Japanese style dinner), noodles etc. *Price* : 780 yen ~
- Hand Made Udon “Aoi”** 2353-1 Yamanosato, Kamigori-cho, Ako-gun, Tel : 0791-52-0965  
*Hours* : 11:00 ~ 20:00 , Closed on Tuesdays ( Wednesday, if Tuesday is a Holiday)  
*Specialty* : Home made noodles *Price* : 480 ~ 1,000 yen
- Chinese Restaurant “Kobe Han-ten”** At “Peiron-jyo” 8-55 Naba-minamihon-machi, Aioi-shi, Tel : 0791-23-3119  
*Hours* : 11:00 ~ 15:00 16:30 ~ 21:00 , Closed on Tuesdays  
*Specialty* : Typical Peking dishes, noodles, a course of dishes  
*Price* : 600 yen ~ (5,000 yen ~, a course of dishes, but reserave 6 peoples~)