



WEEKLY MENU



		Dish	Mon Sep 7	Tue Sep 8	Wed Sep 9	Thu Sep 10	Fri Sep 11	Sat Sep 12	Sun Sep 13
Lunch	Main Dish A ¥490	Grilled Chicken with Spices & Herbs	Spicy Garlic Stamina Stir-fried Beef	Pork and <i>Tofu</i> Simmered in <i>Miso Kimchi</i> Sauce	Garlic Pepper Chicken	Grilled <i>Teriyaki</i> Chicken Thigh with Tartar Sauce	Closed		
		Calories : 420 kcal Sodium : 3.4 g	Calories : 245 kcal Sodium : 1.9 g	Calories : 344 kcal Sodium : 4.0 g	Calories : 394 kcal Sodium : 2.6 g	Calories : 642 kcal Sodium : 1.9 g			
	Main Dish B ¥490	Grilled White-fleshed Fish with Tomato Sauce	Grilled Blue Grenadier (Fish) with Mayo Sauce	Spanish Mackerel Meunière	Simmered Beltfish in Sweet Soy	Simmered Mackerel with <i>Miso</i>			
		Calories : 174 kcal Sodium : 1.4 g	Calories : 225 kcal Sodium : 1.3 g	Calories : 258 kcal Sodium : 0.8 g	Calories : 280 kcal Sodium : 2.4 g	Calories : 220 kcal Sodium : 2.7 g			
	Rice Bowl ¥500	Spicy <i>Mapo Tofu</i> Rice Bowl	Deep-fried Chicken (<i>Karaage</i>) Rice Bowl	Japanese Worcestershire Sauce on Shrimp Cutlet Rice Bowl	Beef Rice Bowl with Grated Yam	Pork Cutlet Rice Bowl with Egg			
		Calories : 522 kcal Sodium : 1.2 g	Calories : 542 kcal Sodium : 2.1 g	Calories : 598 kcal Sodium : 2.0 g	Calories : 582 kcal Sodium : 3.1 g	Calories : 740 kcal Sodium : 5.2 g			
	Curry ¥500	Deep-fried Pork-wrapped Vegetables Curry	Soft-boiled Egg Curry	Chicken Cutlet Curry	Beef Croquette Curry	Ham Cutlet Curry			
		Calories : 708 kcal Sodium : 3.5 g	Calories : 720 kcal Sodium : 3.4 g	Calories : 746 kcal Sodium : 3.3 g	Calories : 790 kcal Sodium : 4.0 g	Calories : 732 kcal Sodium : 3.7 g			
Dinner	Main Dish A ¥490	Dinner Closed							
	Rice Bowl or Curry ¥500								
All Day	Noodles	<i>Udon /Soba</i> ¥330 (Hot) / ¥380 (Cold)	<i>Udon/Soba</i> (Hot/Cold)	<i>Udon/Soba</i> (Hot/Cold)	<i>Udon/Soba</i> (Hot/Cold)	<i>Udon/Soba</i> (Hot/Cold)	<i>Udon/Soba</i> (Hot/Cold)		
			Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g		
		<i>Ramen</i> ¥500	<i>Tantanmen - Ramen</i> in Spicy Soup with Ground Meat	<i>Shio Ramen</i> (Salt Broth)	<i>Champon</i> Noodles (Rich & Creamy Pork Broth)	<i>Tonkotsu Shoyu Ramen</i> (Pork Bone & Soy Sauce Broth)	Spicy Garlic Stamina <i>Ramen</i>		
			Calories : 626 kcal Sodium : 3.4 g	Calories : 497 kcal Sodium : 2.6 g	Calories : 583 kcal Sodium : 4.0 g	Calories : 533 kcal Sodium : 3.5 g	Calories : 641 kcal Sodium : 7.4 g		

Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
The total value of these items is equivalent to 950 yen!
Enjoy a well-balanced meal at a great price!
You can get a large serving of rice at no extra charge!
(Please request it at the counter.)

【How to Order the Set Meal】

- (1) Request “Set Meal A (or B) “at the counter.
- (2) Choose two side dishes.
- (3) Inform us of your preferred rice size (L, M, S).
- (4) Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
- (5) Proceed to payment.



The menu may change depending on the ingredients supply situations and sales.