



WEEKLY MENU



		Dish	Mon Aug 17	Tue Aug 18	Wed Aug 19	Thu Aug 20	Fri Aug 21	Sat Aug 22	Sun Aug 23
Lunch	Main Dish A ¥490	Jumbo Chicken Cutlet	Sautéed Garlic Butter Pork	Grilled Chicken with <i>Yuzu</i> (Citrus Fruit) Sauce	Sweet Soy Stewed Meat & Potatoes	Deep-fried Chicken (<i>Karaage</i>) with Salt & Lemon	Closed	Leeks & Salt Seasoned Chicken	
		Calories : 342 kcal Sodium : 2.2 g	Calories : 268 kcal Sodium : 2.9 g	Calories : 361 kcal Sodium : 1.4 g	Calories : 258 kcal Sodium : 2.4 g	Calories : 424 kcal Sodium : 0.5 g		Calories : 351 kcal Sodium : 1.5 g	
	Main Dish B ¥490	Grilled Flounder with Salt	Grilled Spanish Mackerel with Spices & Herbs	Blue Grenadier (Fish) <i>Tempura</i>	Grilled Mackerel with Sesame & Soy Sauce	Simmered Red-fleshed Fish in Sweet Soy		Deep-fried White-fleshed Fish with Starchy Sweet & Sour Sauce	
		Calories : 94 kcal Sodium : 2.4 g	Calories : 223 kcal Sodium : 2.0 g	Calories : 168 kcal Sodium : 0.7 g	Calories : 214 kcal Sodium : 0.9 g	Calories : 186 kcal Sodium : 2.5 g		Calories : 216 kcal Sodium : 1.3 g	
	Rice Bowl ¥500	Gapao Rice	Beef & Egg Rice Bowl	Pork Mayonnaise Rice Bowl	Rice Bowl of Egg & Chicken Simmered in Sweet Soy	Pork Rice Bowl with <i>Miso</i> , Butter, & Corn		Japanese Worcestershire Sauce on Pork Cutlet Rice Bowl	
		Calories : 651 kcal Sodium : 2.7 g	Calories : 616 kcal Sodium : 1.3 g	Calories : 724 kcal Sodium : 4.7 g	Calories : 749 kcal Sodium : 2.4 g	Calories : 585 kcal Sodium : 2.5 g		Calories : 664 kcal Sodium : 4.1 g	
	Curry ¥500	Vegetable Croquette Curry	Deep-fried Pork-wrapped Vegetables Curry	Ham Cutlet Curry	Sausage Curry	Beef Croquette Curry		Soft-boiled Egg Curry	
		Calories : 704 kcal Sodium : 3.6 g	Calories : 708 kcal Sodium : 3.5 g	Calories : 732 kcal Sodium : 3.7 g	Calories : 739 kcal Sodium : 4.0 g	Calories : 790 kcal Sodium : 4.0 g		Calories : 720 kcal Sodium : 3.4 g	
Dinner	Main Dish A ¥490	Dinner Closed						Deep-fried White-fleshed Fish & Cream Croquette	
	Rice Bowl or Curry ¥500							Soft-boiled Egg Curry	
								Calories : 535 kcal Sodium : 1.5 g	
All Day	Noodles	Udon /Soba ¥330 (Hot) / ¥380 (Cold)	Udon/Soba (Hot/Cold)	Udon/Soba (Hot/Cold)	Udon/Soba (Hot/Cold)	Udon/Soba (Hot/Cold)	Udon/Soba (Hot/Cold)	Udon/Soba (Hot/Cold)	
		Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g		
		Ramen ¥500	Tonkotsu Shoyu Ramen (Pork Bone & Soy Sauce Broth)	Shio Ramen (Salt Broth)	Cold <i>Ramen</i> Noodles with Toppings (Meat, Vegetables, & Thinly Sliced Egg) ¥550	Tantanmen - <i>Ramen</i> in Spicy Soup with Ground Meat	Spicy Garlic Stamina <i>Ramen</i>	Miso Ramen	
		Calories : 533 kcal Sodium : 3.5 g	Calories : 497 kcal Sodium : 2.6 g	Calories : 478 kcal Sodium : 3.2 g	Calories : 626 kcal Sodium : 3.4 g	Calories : 641 kcal Sodium : 7.4 g	Calories : 486 kcal Sodium : 4.0 g		

Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
The total value of these items is equivalent to 950 yen!
Enjoy a well-balanced meal at a great price!
You can get a large serving of rice at no extra charge!
(Please request it at the counter.)

【How to Order the Set Meal】

- Request “Set Meal A (or B) “at the counter.
- Choose two side dishes.
- Inform us of your preferred rice size (L, M, S).
- Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
- Proceed to payment.



The menu may change depending on the ingredients supply situations and sales.