



WEEKLY MENU



Lunch		Dish	Mon Oct 26	Tue Oct 27	Wed Oct 28	Thu Oct 29	Fri Oct 30	Sat Oct 31	Sun Nov 1
		Main Dish A ¥490	Sweet Soy Stewed Meat & Potatoes	Deep-fried Chicken (<i>Karaage</i>) with Salt & Lemon	Stir-fried Pork & Cabbage with Spicy Soy Sauce	Leeks & Salt Seasoned Chicken	Pork Cutlet with Aurora (Mayo & Ketchup) Sauce	Simmered Chicken & Taro with <i>Miso</i>	Stir-fried Pork with Black Pepper
			Calories : 258 kcal Sodium : 2.4 g	Calories : 427 kcal Sodium : 0.5 g	Calories : 258 kcal Sodium : 1.0 g	Calories : 351 kcal Sodium : 1.5 g	Calories : 434 kcal Sodium : 1.4 g	Calories : 376 kcal Sodium : 1.3 g	Calories : 251 kcal Sodium : 1.1 g
		Main Dish B ¥490	Grilled Mackerel with Sesame & Soy Sauce	Simmered Red-fleshed Fish in Sweet Soy	Grilled Cod with Crispy Bread Crumbs	Deep-fried White-fleshed Fish with Starchy Sweet & Sour Sauce	Flounder Meunière	Grilled Rockfish with Salted Rice Malt	Deep-fried White-fleshed Fish with Seaweed
			Calories : 214 kcal Sodium : 0.9 g	Calories : 186 kcal Sodium : 2.5 g	Calories : 109 kcal Sodium : 1.2 g	Calories : 216 kcal Sodium : 1.3 g	Calories : 201 kcal Sodium : 0.8 g	Calories : 126 kcal Sodium : 1.2 g	Calories : 219 kcal Sodium : 0.6 g
		Rice Bowl ¥500	Omelet with Rice	<i>Hayashi</i> Rice - Japanese-style Hashed Beef with Rice	Chicken <i>Tempura</i> Rice Bowl	Pork Rice Bowl with Garlic & Butter	Rice Bowl of Egg & Chicken Simmered in Sweet Soy	<i>Umami</i> -Rich <i>Dashi</i> -Simmered Beef & <i>Daikon</i> (Radish) Rice Bowl	Chicken & Egg Rice Bowl
			Calories : 581 kcal Sodium : 1.5 g	Calories : 773 kcal Sodium : 5.1 g	Calories : 674 kcal Sodium : 2.0 g	Calories : 616 kcal Sodium : 2.1 g	Calories : 749 kcal Sodium : 2.4 g	Calories : 547 kcal Sodium : 5.2 g	Calories : 694 kcal Sodium : 4.3 g
Curry ¥500	Sunny Side Up Curry	Chicken Cutlet Curry	Minced Meat Cutlet Curry	Beef Croquette Curry	Soft-boiled Egg Curry	Deep-fried Pork-wrapped Vegetables Curry	Hamburg Steak Curry		
	Calories : 715 kcal Sodium : 3.4 g	Calories : 746 kcal Sodium : 3.3 g	Calories : 772 kcal Sodium : 3.7 g	Calories : 790 kcal Sodium : 4.0 g	Calories : 720 kcal Sodium : 3.4 g	Calories : 708 kcal Sodium : 3.5 g	Calories : 718 kcal Sodium : 3.3 g		
Dinner		Main Dish A ¥490	Garlic Pepper Chicken	Grilled Mackerel with Salt	Simmered Chicken with Grated Radish (<i>Daikon</i>) in Sweet Soy	<i>Yangnyeom</i> Chicken - Korean Spicy Fried Chicken	Stir-fried Pork flavored with Curry	Grilled Cod with Cheese	White Creamy Chicken Stew
			Calories : 356 kcal Sodium : 2.4 g	Calories : 187 kcal Sodium : 2.6 g	Calories : 503 kcal Sodium : 1.5 g	Calories : 488 kcal Sodium : 3.7 g	Calories : 276 kcal Sodium : 2.0 g	Calories : 246 kcal Sodium : 1.2 g	Calories : 467 kcal Sodium : 3.4 g
		Rice Bowl or Curry ¥500	Sunny Side Up Curry	<i>Hayashi</i> Rice - Japanese-style Hashed Beef with Rice	Minced Meat Cutlet Curry	Pork Rice Bowl with Garlic & Butter	Soft-boiled Egg Curry	<i>Umami</i> -Rich <i>Dashi</i> -Simmered Beef & <i>Daikon</i> (Radish) Rice Bowl	Hamburg Steak Curry
			Calories : 715 kcal Sodium : 3.4 g	Calories : 773 kcal Sodium : 5.1 g	Calories : 772 kcal Sodium : 3.7 g	Calories : 616 kcal Sodium : 2.1 g	Calories : 720 kcal Sodium : 3.4 g	Calories : 547 kcal Sodium : 5.2 g	Calories : 735 kcal Sodium : 3.9 g
All Day	Noodles	<i>Udon</i> / <i>Soba</i> ¥330	<i>Udon</i> / <i>Soba</i>	<i>Udon</i> / <i>Soba</i>	<i>Udon</i> / <i>Soba</i>	<i>Udon</i> / <i>Soba</i>	<i>Udon</i> / <i>Soba</i>	<i>Udon</i> / <i>Soba</i>	
			Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g
		<i>Ramen</i> ¥500	<i>Tantanmen</i> - <i>Ramen</i> in Spicy Soup with Ground Meat	<i>Shio Ramen</i> (Salt Broth)	<i>Champon</i> Noodles (Rich & Creamy Pork Broth)	<i>Tonkotsu</i> Shoyu Ramen (Pork Bone & Soy Sauce Broth)	Spicy Garlic Stamina <i>Ramen</i>	<i>Shoyu Ramen</i> (Soy Sauce Broth)	<i>Miso Ramen</i>
			Calories : 626 kcal Sodium : 3.4 g	Calories : 497 kcal Sodium : 2.6 g	Calories : 583 kcal Sodium : 4.0 g	Calories : 533 kcal Sodium : 3.5 g	Calories : 641 kcal Sodium : 7.4 g	Calories : 414 kcal Sodium : 9.9 g	Calories : 486 kcal Sodium : 4.3 g

Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
The total value of these items is equivalent to 950 yen!
Enjoy a well-balanced meal at a great price!
You can get a large serving of rice at no extra charge!
(Please request it at the counter.)

【How to Order the Set Meal】

- (1) Request “Set Meal A (or B) “at the counter.
- (2) Choose two side dishes.
- (3) Inform us of your preferred rice size (L, M, S).
- (4) Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
- (5) Proceed to payment.



The menu may change depending on the ingredients supply situations and sales.