

WEEKLY MENU



	Dish	Mon Nov 24	Tue Nov 25	Wed Nov 26	Thu Nov 27	Fri Nov 28	Sat Nov 29	Sun Nov 30
Lunch	Main Dish A ¥490	Minced Meat Cutlet & Skewered Deep-fried Pork	Deep-fried Chicken (<i>Karaage</i>) with Spicy Scallions & Sesame	Simmered Meat in <i>Sukiyaki</i> -style	Baked Chicken with <i>Miso</i> & Mayo	<i>Nagoya Miso</i> Glazed Pork Cutlet	Grilled Chicken with Basil Sauce	<i>Teriyaki</i> Chicken
		Calories : 377 kcal Sodium : 1.2 g	Calories : 545 kcal Sodium : 3.9 g	Calories : 299 kcal Sodium : 1.8 g	Calories : 342 kcal Sodium : 1.7 g	Calories : 426 kcal Sodium : 1.8 g	Calories : 406 kcal Sodium : 2.5 g	Calories : 342 kcal Sodium : 1.6 g
	Main Dish B ¥490	Griled Mackerel with Sesame & Soy Sauce	Simmered Red-fleshed Fish with Ginger & Soy Sauce	Grilled White-fleshed Fish with Cheese	Simmered Spanish Mackerel in Sweet Soy	Grilled Mackerel with Salted Rice Malt	Simmered Flounder in Sweet Soy	Grilled White-fleshed Fish with Spices & Herbs
		Calories : 214 kcal Sodium : 0.9 g	Calories : 181 kcal Sodium : 2.0 g	Calories : 173 kcal Sodium : 0.9 g	Calories : 200 kcal Sodium : 2.6 g	Calories : 208 kcal Sodium : 1.3 g	Calories : 118 kcal Sodium : 0.8 g	Calories : 153 kcal Sodium : 2.1 g
	Rice Bowl ¥500	Beef <i>Sukiyaki</i> Rice Bowl	Pork Rice Bowl with Garlic & Butter	Omelet with Rice	Spicy Garlic Stamina Pork Rice Bowl	Gapao Rice	<i>Hui Guo Rou</i> Rice Bowl - Twice-cooked Pork	Japanese Worcestershire Sauce on Pork Cutlet Rice Bowl
		Calories : 609 kcal Sodium : 5.4 g	Calories : 616 kcal Sodium : 2.1 g	Calories : 588 kcal Sodium : 1.5 g	Calories : 590 kcal Sodium : 2.0 g	Calories : 651 kcal Sodium : 2.7 g	Calories : 445 kcal Sodium : 2.5 g	Calories : 662 kcal Sodium : 4.2 g
	Curry ¥500	Vegetable Croquette Curry	Deep-fried Squid Ring Curry	Ham Cutlet Curry	Beef Croquette Curry	Deep-fried Chicken Breast Tender Curry	Pork Cutlet Curry	Steamed Meat Dumpling Curry
		Calories : 704 kcal Sodium : 3.6 g	Calories : 707 kcal Sodium : 3.5 g	Calories : 732 kcal Sodium : 3.7 g	Calories : 790 kcal Sodium : 4.0 g	Calories : 712 kcal Sodium : 3.5 g	Calories : 802 kcal Sodium : 3.3 g	Calories : 760 kcal Sodium : 3.9 g
Dinner	Main Dish A ¥490	Layered Steamed Pork with Citrus-seasoned Soy Sauce	Sweet Soy Stewed Meat & Potatoes	Grilled Mackerel with Crispy Bread Crumbs	Beef <i>Japchae</i> - Korean Stir-fried Glass Noodles	Tandoori Chicken	Pork Cutlet with Grated Radish (<i>Daikon</i>) in Sweet Soy	Sautéed Garlic Butter Pork
		Calories : 238 kcal Sodium : 5.0 g	Calories : 257 kcal Sodium : 2.4 g	Calories : 201 kcal Sodium : 1.3 g	Calories : 240 kcal Sodium : 1.2 g	Calories : 459 kcal Sodium : 2.2 g	Calories : 342 kcal Sodium : 1.3 g	Calories : 265 kcal Sodium : 2.9 g
	Rice Bowl or Curry ¥500	Beef <i>Sukiyaki</i> Rice Bowl	Deep-fried Squid Ring Curry	Omelet with Rice	Beef Croquette Curry	Gapao Rice	Pork Cutlet Curry	Japanese Worcestershire Sauce on Pork Cutlet Rice Bowl
		Calories : 609 kcal Sodium : 5.4 g	Calories : 707 kcal Sodium : 3.5 g	Calories : 588 kcal Sodium : 1.5 g	Calories : 790 kcal Sodium : 4.0 g	Calories : 651 kcal Sodium : 2.7 g	Calories : 802 kcal Sodium : 3.3 g	Calories : 662 kcal Sodium : 4.2 g
Noodle	<i>Udon</i> / <i>Soba</i> ¥330	<i>Udon/Soba</i>	<i>Udon/Soba</i>	<i>Udon/Soba</i>	<i>Udon/Soba</i>	<i>Udon/Soba</i>	<i>Udon/Soba</i>	<i>Udon/Soba</i>
		Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g
	Ramen ¥500	<i>Shoyu</i> Ramen (Soy Sauce Broth)	<i>Tonkotsu Shoyu</i> Ramen (Pork Bone & Soy Sauce Broth)	<i>Champon</i> Noodles (Rich & Creamy Pork Broth)	<i>Shio</i> Ramen (Salt Broth)	<i>Tantanmen</i> - Ramen in Spicy Soup with Ground Meat	<i>Tonkotsu</i> Ramen (Pork Bone Broth)	Spicy Garlic Stamina Ramen
		Calories : 469 kcal Sodium : 3.8 g	Calories : 533 kcal Sodium : 3.5 g	Calories : 587 kcal Sodium : 4.5 g	Calories : 497 kcal Sodium : 2.6 g	Calories : 625 kcal Sodium : 3.4 g	Calories : 494 kcal Sodium : 4.4 g	Calories : 548 kcal Sodium : 3.8 g

Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
The total value of these items is equivalent to 950 yen!
Enjoy a well-balanced meal at a great price!
You can get a large serving of rice at no extra charge!
(Please request it at the counter.)

【How to Order the Set Meal】

- (1) Request "Set Meal A (or B)" at the counter.
- (2) Choose two side dishes.
- (3) Inform us of your preferred rice size (L, M, S).
- (4) Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
- (5) Proceed to payment.



The menu may change depending on the ingredients supply situations and sales.