

WEEKLY MENU



	Dish	Mon Nov 9	Tue Nov 10	Wed Nov 11	Thu Nov 12	Fri Nov 13	Sat Nov 14	Sun Nov 15
Lunch	Main Dish A ¥490	Deep-fried Chicken (*Karaage*) with Starchy Sweet & Sour Sauce Calories : 492 kcal Sodium : 1.9 g	Pork Cutlet with Sesame Sauce Calories : 458 kcal Sodium : 2.3 g	Chicken & Chinese Cabbage in a Creamy Sauce Calories : 537 kcal Sodium : 4.8 g	Sweet Soy Pork & Egg Stir-fry Calories : 317 kcal Sodium : 1.3 g	Grilled Chicken with Spices & Herbs Calories : 420 kcal Sodium : 3.4 g	Spicy Garlic Stamina Stir-fried Beef Calories : 245 kcal Sodium : 1.9 g	Pork and *Tofu* Simmered in *Miso Kimchi* Sauce Calories : 257 kcal Sodium : 2.2 g
	Main Dish B ¥490	Grilled Cod with Cheese Calories : 245 kcal Sodium : 1.2 g	Simmered Red-fleshed Fish with Ginger & Soy Sauce Calories : 180 kcal Sodium : 2.1 g	Grilled Mackerel with Salt Calories : 187 kcal Sodium : 2.6 g	Rockfish *Tempura* Calories : 187 kcal Sodium : 0.9 g	Grilled Spanish Mackerel with Tomato Sauce Calories : 258 kcal Sodium : 1.3 g	Grilled Blue Grenadier (Fish) with Mayo Sauce Calories : 227 kcal Sodium : 1.3 g	Spanish Mackerel Meunière Calories : 258 kcal Sodium : 0.8 g
	Rice Bowl ¥500	Spicy Garlic Stamina Pork Rice Bowl Calories : 602 kcal Sodium : 2.1 g	*Hayashi* Rice - Japanese-style Hashed Beef with Rice Calories : 817 kcal Sodium : 4.1 g	Pork Rice Bowl with *Miso*, Butter, & Corn Calories : 584 kcal Sodium : 2.5 g	*Yakitori* (Grilled Chicken) Rice Bowl Calories : 740 kcal Sodium : 3.4 g	Spicy *Mapo Tofu* Rice Bowl Calories : 523 kcal Sodium : 1.2 g	Mixed Vegetable & Seafood *Tempura* Rice Bowl Calories : 512 kcal Sodium : 0.6 g	Beef & Egg Rice Bowl Calories : 872 kcal Sodium : 3.8 g
	Curry ¥500	Ham Cutlet Curry Calories : 707 kcal Sodium : 3.1 g	Deep-fried Pork-wrapped Vegetables Curry Calories : 683 kcal Sodium : 2.9 g	Scrambled Egg Curry Calories : 651 kcal Sodium : 3.1 g	Deep-fried Squid Ring Curry Calories : 713 kcal Sodium : 3.0 g	Pork Cutlet Curry Calories : 708 kcal Sodium : 3.3 g	Vegetable Croquette Curry Calories : 679 kcal Sodium : 3.0 g	Deep-fried Chicken Breast Tender Curry Calories : 687 kcal Sodium : 2.9 g
Dinner	Main Dish A ¥490	Steamed Pork and Vegetables with *Ponzu* (Citrus-seasoned Soy) Sauce Calories : 275 kcal Sodium : 1.5 g	Stir-fried Beef & Potatoes in Korean-style Calories : 332 kcal Sodium : 3.1 g	Sautéed Garlic Butter Pork Calories : 268 kcal Sodium : 2.9 g	Sweet & Sour Soy based Marinated Fried Chicken Calories : 546 kcal Sodium : 4.6 g	Grilled Mackerel with *Teriyaki* Sauce Calories : 217 kcal Sodium : 2.1 g	Grilled Chicken with *Yuzu* (Citrus Fruit) Sauce Calories : 359 kcal Sodium : 1.4 g	Blue Grenadier (Fish) *Tempura* Calories : 162 kcal Sodium : 0.7 g
	Rice Bowl or Curry ¥500	Ham Cutlet Curry Calories : 732 kcal Sodium : 3.7 g	*Hayashi* Rice - Japanese-style Hashed Beef with Rice Calories : 817 kcal Sodium : 4.1 g	Scrambled Egg Curry Calories : 651 kcal Sodium : 3.1 g	*Yakitori* (Grilled Chicken) Rice Bowl Calories : 740 kcal Sodium : 3.4 g	Pork Cutlet Curry Calories : 733 kcal Sodium : 3.9 g	Mixed Vegetable & Seafood *Tempura* Rice Bowl Calories : 512 kcal Sodium : 0.6 g	Deep-fried Chicken Breast Tender Curry Calories : 687 kcal Sodium : 2.9 g
All Day Noodles	*Udon /Soba* ¥330	*Udon/Soba* Calories : 320 kcal Sodium : 3.9 g	*Udon/Soba* Calories : 320 kcal Sodium : 3.9 g	*Udon/Soba* Calories : 320 kcal Sodium : 3.9 g	*Udon/Soba* Calories : 320 kcal Sodium : 3.9 g	*Udon/Soba* Calories : 320 kcal Sodium : 3.9 g	*Udon/Soba* Calories : 320 kcal Sodium : 3.9 g	*Udon/Soba* Calories : 320 kcal Sodium : 3.9 g
	Ramen ¥500	*Tantanmen* - *Ramen* in Spicy Soup with Ground Meat Calories : 626 kcal Sodium : 3.4 g	*Shio Ramen* (Salt Broth) Calories : 497 kcal Sodium : 2.6 g	*Champon* Noodles (Rich & Creamy Pork Broth) Calories : 583 kcal Sodium : 4.0 g	Today's Special Stamina *Motsunabe* - Beef Offal Hot Pot ¥650 Calories : 507 kcal Sodium : 8.6 g	Spicy Garlic Stamina *Ramen* Calories : 641 kcal Sodium : 7.4 g	*Shoyu Ramen* (Soy Sauce Broth) Calories : 414 kcal Sodium : 9.9 g	*Miso Ramen* Calories : 486 kcal Sodium : 4.3 g

Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
The total value of these items is equivalent to 950 yen!
Enjoy a well-balanced meal at a great price!
You can get a large serving of rice at no extra charge!
(Please request it at the counter.)

【How to Order the Set Meal】
(1) Request “Set Meal A (or B) “at the counter.
(2) Choose two side dishes.
(3) Inform us of your preferred rice size (L, M, S).
(4) Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
(5) Proceed to payment.

「食の喜び」の創造
入船

The menu may change depending on the ingredients supply situations and sales.