



WEEKLY MENU



| Dish | Mon May 18 | Tue May 19 | Wed May 20 | Thu May 21 | Fri May 22 | Sat May 23 | Sun May 24 |
|--------|--|---|---|--|--|---|--|
| Lunch | Main Dish A ¥490 Grilled Chicken with Lemon Pepper Seasoning Calories : 419 kcal Sodium : 2.0 g | Stir-fried Pork in Kimchi Style Calories : 334 kcal Sodium : 1.8 g | Simmered Chicken with Sweet & Sour Soy Sauce Calories : 501 kcal Sodium : 5.4 g | Spicy Garlic Stamina Stir-fried Pork Calories : 263 kcal Sodium : 2.0 g | Yangnyeom Chicken - Korean Spicy Fried Chicken Calories : 487 kcal Sodium : 3.6 g | Stir-fried Pork with Garlic & Pepper Calories : 282 kcal Sodium : 3.0 g | Sweet Soy Stewed Meat & Potatoes Calories : 258 kcal Sodium : 2.4 g |
| | Main Dish B ¥490 Red-fleshed Fish with Starchy Sweetened Soy Sauce Calories : 267 kcal Sodium : 2.6 g | Simmered Blue Grenadier (Fish) in Sweet Soy Glaze Calories : 134 kcal Sodium : 3.0 g | Grilled Mackerel with Curry-flavored Bread Crumbs Calories : 246 kcal Sodium : 0.9 g | Grilled Beltfish with Tomato Sauce Calories : 365 kcal Sodium : 1.5 g | Salmon Meunière Calories : 230 kcal Sodium : 0.6 g | Deep-fried Flounder with Starchy Sweet & Sour Sauce Calories : 194 kcal Sodium : 1.2 g | Deep-fried Horse Mackerel & Squid Calories : 322 kcal Sodium : 1.1 g |
| | Rice Bowl ¥500 Beef <i>Sukiyaki</i> Rice Bowl Calories : 611 kcal Sodium : 5.5 g | Deep-fried White-fleshed Fish Rice Bowl Calories : 750 kcal Sodium : 1.7 g | Loco Moco Rice Bowl Calories : 650 kcal Sodium : 1.5 g | Sweet & Spicy Soy based Marinated Fried Chicken Rice Bowl Calories : 661 kcal Sodium : 2.0 g | Japanese Worcestershire Sauce on Pork Cutlet Rice Bowl Calories : 694 kcal Sodium : 3.6 g | Rice Bowl of Egg & Chicken Simmered in Sweet Soy Calories : 729 kcal Sodium : 2.4 g | Leeks & Salt Seasoned Pork Rice Bowl Calories : 577 kcal Sodium : 1.5 g |
| | Curry ¥500 Steamed Meat Dumpling Curry Calories : 764 kcal Sodium : 3.9 g | Vegetable Croquette Curry Calories : 704 kcal Sodium : 3.6 g | Pork Cutlet Curry Calories : 762 kcal Sodium : 3.9 g | Ham Cutlet Curry Calories : 732 kcal Sodium : 3.7 g | Hamburg Steak Curry Calories : 778 kcal Sodium : 3.9 g | Deep-fried Chicken Breast Tender Curry Calories : 712 kcal Sodium : 3.5 g | Sunny Side Up Curry Calories : 715 kcal Sodium : 3.4 g |
| Dinner | Main Dish A ¥490 Grilled Pork Ginger Calories : 240 kcal Sodium : 1.5 g | Mom's Homemade Simmered Meat & Root Vegetables in Sweet Soy Calories : 345 kcal Sodium : 2.0 g | Grilled Beltfish with Teriyaki Sauce Calories : 303 kcal Sodium : 1.3 g | Grilled Chicken with Basil Sauce Calories : 408 kcal Sodium : 2.5 g | Pork Cutlet with Grated Radish (Daikon) in Sweet Soy Calories : 347 kcal Sodium : 1.3 g | Grilled Chicken with Barbeque Sauce Calories : 326 kcal Sodium : 2.1 g | Stir-fried Pork & Cabbage with Spicy Soy Sauce Calories : 258 kcal Sodium : 1.0 g |
| | Rice Bowl or Curry ¥500 Beef <i>Sukiyaki</i> Rice Bowl Calories : 611 kcal Sodium : 5.5 g | Vegetable Croquette Curry Calories : 704 kcal Sodium : 3.6 g | Loco Moco Rice Bowl Calories : 650 kcal Sodium : 1.5 g | Ham Cutlet Curry Calories : 732 kcal Sodium : 3.7 g | Japanese Worcestershire Sauce on Pork Cutlet Rice Bowl Calories : 694 kcal Sodium : 3.6 g | Deep-fried Chicken Breast Tender Curry Calories : 712 kcal Sodium : 3.5 g | Leeks & Salt Seasoned Pork Rice Bowl Calories : 577 kcal Sodium : 1.5 g |
| Noodle | Udon /Soba ¥330 Udon/Soba Calories : 320 kcal Sodium : 3.9 g | Udon/Soba Calories : 320 kcal Sodium : 3.9 g | Udon/Soba Calories : 320 kcal Sodium : 3.9 g | Udon/Soba Calories : 320 kcal Sodium : 3.9 g | Udon/Soba Calories : 320 kcal Sodium : 3.9 g | Udon/Soba Calories : 320 kcal Sodium : 3.9 g | Udon/Soba Calories : 320 kcal Sodium : 3.9 g |
| | Ramen ¥500 Shio Ramen (Salt Broth) Calories : 439 kcal Sodium : 2.5 g | Tantanmen - Ramen in Spicy Soup with Ground Meat Calories : 626 kcal Sodium : 3.4 g | Tonkotsu Ramen (Pork Bone Broth) Calories : 494 kcal Sodium : 4.4 g | Today's Special Chewy Kishimen (Flat Noodles) with Rich Spicy Cod Roe Mayo Sauce & Soft-Boiled Egg Calories : 784 kcal Sodium : 4.1 g | Miso Ramen Calories : 486 kcal Sodium : 4.3 g | Shoyu Ramen (Soy Sauce Broth) Calories : 394 kcal Sodium : 5.3 g | Tonkotsu Shoyu Ramen (Pork Bone & Soy Sauce Broth) Calories : 533 kcal Sodium : 3.5 g |

Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
 The total value of these items is equivalent to 950 yen!
 Enjoy a well-balanced meal at a great price!
 You can get a large serving of rice at no extra charge!
 (Please request it at the counter.)

【How to Order the Set Meal】

- (1) Request "Set Meal A (or B)" at the counter.
- (2) Choose two side dishes.
- (3) Inform us of your preferred rice size (L, M, S).
- (4) Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
- (5) Proceed to payment.



The menu may change depending on the ingredients supply situations and sales.