



WEEKLY MENU



Dish		Mon May 11	Tue May 12	Wed May 13	Thu May 14	Fri May 15	Sat May 16	Sun May 17
Lunch	Main Dish A ¥490	Cheese Hamburg Steak Calories : 426 kcal Sodium : 2.8 g	Tandoori Chicken Calories : 460 kcal Sodium : 2.2 g	Stir-fried Pork with Butter Soy Sauce Calories : 278 kcal Sodium : 1.3 g	Oita-style Chicken Tempura Calories : 502 kcal Sodium : 4.4 g	Sweet & Soy Simmered Meat & Tofu Calories : 572 kcal Sodium : 2.1 g	Chicken Sauté with Tomato Sauce Calories : 409 kcal Sodium : 1.4 g	Grilled Pork with Salt & Leeks Calories : 258 kcal Sodium : 2.3 g
	Main Dish B ¥490	Deep-fried Cod with Seaweed Calories : 240 kcal Sodium : 0.8 g	Simmered Red-fleshed Fish with Miso Calories : 188 kcal Sodium : 2.5 g	Grilled White-fleshed Fish with Spices & Herbs Calories : 153 kcal Sodium : 2.1 g	Grilled Mackerel with Sesame & Soy Sauce Calories : 214 kcal Sodium : 0.9 g	Spicy Chili Deep-fried Squid Calories : 246 kcal Sodium : 1.7 g	Deep-fried Flounder Calories : 178 kcal Sodium : 0.4 g	Simmered Beltfish in Sweet Soy Calories : 280 kcal Sodium : 2.4 g
	Rice Bowl ¥500	Sobameshi - Fried Noodles & Rice Calories : 430 kcal Sodium : 1.6 g	Pork Cutlet Rice Bowl with Egg Calories : 740 kcal Sodium : 5.2 g	Mixed Vegetable & Seafood Tempura Rice Bowl Calories : 512 kcal Sodium : 0.6 g	Pork Rice Bowl with Garlic & Butter Calories : 688 kcal Sodium : 2.1 g	Spicy Mapo Tofu Rice Bowl Calories : 522 kcal Sodium : 1.2 g	Spicy Pork Rice Bowl Calories : 712 kcal Sodium : 2.1 g	Gapao Rice Calories : 651 kcal Sodium : 2.7 g
	Curry ¥500	Deep-fried Chicken Breast Tender Curry Calories : 712 kcal Sodium : 3.5 g	Soft-boiled Egg Curry Calories : 720 kcal Sodium : 3.4 g	Ham Cutlet Curry Calories : 732 kcal Sodium : 3.7 g	Beef Croquette Curry Calories : 790 kcal Sodium : 4.0 g	Sunny Side Up Curry Calories : 715 kcal Sodium : 3.4 g	Minced Meat Cutlet Curry Calories : 772 kcal Sodium : 3.7 g	Chicken Cutlet Curry Calories : 746 kcal Sodium : 3.3 g
Dinner	Main Dish A ¥490	Dinner Closed		Jumbo Chicken Cutlet Calories : 342 kcal Sodium : 2.2 g	Grilled Cod with Mayonnaise & Corn Calories : 215 kcal Sodium : 0.7 g	Hui Guo Rou - Twice-cooked Pork Calories : 283 kcal Sodium : 1.6 g	Deep-fried Chicken (Karaage) with Japanese Mustard & Mayonnaise Calories : 508 kcal Sodium : 2.6 g	Deep-fried Mackerel Calories : 288 kcal Sodium : 0.4 g
	Rice Bowl or Curry ¥500			Ham Cutlet Curry Calories : 732 kcal Sodium : 3.7 g	Pork Rice Bowl with Garlic & Butter Calories : 688 kcal Sodium : 2.1 g	Sunny Side Up Curry Calories : 715 kcal Sodium : 3.4 g	Spicy Pork Rice Bowl Calories : 712 kcal Sodium : 2.1 g	Chicken Cutlet Curry Calories : 746 kcal Sodium : 3.3 g
Noodle	Udon /Soba ¥330	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g
	Ramen ¥500	Tantanmen - Ramen in Spicy Soup with Ground Meat Calories : 626 kcal Sodium : 3.4 g	Tonkotsu Ramen (Pork Bone Broth) Calories : 494 kcal Sodium : 4.4 g	Spicy Garlic Stamina Ramen Calories : 549 kcal Sodium : 3.8 g	Miso Ramen Calories : 486 kcal Sodium : 4.3 g	Champon Noodles (Rich & Creamy Pork Broth) Calories : 588 kcal Sodium : 4.5 g	Tonkotsu Shoyu Ramen (Pork Bone & Soy Sauce Broth) Calories : 533 kcal Sodium : 3.5 g	Shoyu Ramen (Soy Sauce Broth) Calories : 469 kcal Sodium : 3.8 g

Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
 The total value of these items is equivalent to 950 yen!
 Enjoy a well-balanced meal at a great price!
 You can get a large serving of rice at no extra charge!
 (Please request it at the counter.)

【How to Order the Set Meal】

- (1) Request "Set Meal A (or B)" at the counter.
- (2) Choose two side dishes.
- (3) Inform us of your preferred rice size (L, M, S).
- (4) Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
- (5) Proceed to payment.



The menu may change depending on the ingredients supply situations and sales.