



WEEKLY MENU



Dish		Mon Mar 9	Tue Mar 10	Wed Mar 11	Thu Mar 12	Fri Mar 13	Sat Mar 14	Sun Mar 15	
Lunch	Main Dish A ¥490	Stir-fried Pork & Bok Choy in Chinese-Style <small>Calories : 220 kcal Sodium : 1.3 g</small>	Deep-fried Chicken (Karaage) with Spicy Scallions & Sesame Sauce <small>Calories : 546 kcal Sodium : 3.9 g</small>	Simmered Meat in Sukiyaki-style <small>Calories : 299 kcal Sodium : 1.8 g</small>	Baked Chicken with Miso & Mayo <small>Calories : 343 kcal Sodium : 1.7 g</small>	Nagoya Miso Glazed Pork Cutlet <small>Calories : 427 kcal Sodium : 1.8 g</small>	Closed		
	Main Dish B ¥490	Grilled Mackerel with Crispy Bread Crumbs <small>Calories : 202 kcal Sodium : 1.3 g</small>	Simmered Red-fleshed Fish with Ginger & Soy Sauce <small>Calories : 181 kcal Sodium : 2.0 g</small>	Grilled White-fleshed Fish with Cheese <small>Calories : 183 kcal Sodium : 1.0 g</small>	Simmered Spanish Mackerel in Sweet Soy <small>Calories : 200 kcal Sodium : 2.6 g</small>	Grilled Mackerel with Salted Rice Malt <small>Calories : 208 kcal Sodium : 1.2 g</small>			
	Rice Bowl ¥500	Omelet with Rice <small>Calories : 588 kcal Sodium : 1.5 g</small>	Teriyaki Pork Rice Bowl <small>Calories : 630 kcal Sodium : 2.3 g</small>	Mixed Vegetable & Seafood Tempura Rice Bowl <small>Calories : 512 kcal Sodium : 0.5 g</small>	Gapao Rice <small>Calories : 651 kcal Sodium : 2.7 g</small>	Beef & Egg Rice Bowl <small>Calories : 624 kcal Sodium : 1.3 g</small>			
	Curry ¥500	Deep-fried Chicken Breast Tender Curry <small>Calories : 712 kcal Sodium : 3.5 g</small>	Minced Meat Cutlet Curry <small>Calories : 772 kcal Sodium : 3.7 g</small>	Vegetable Croquette Curry <small>Calories : 704 kcal Sodium : 3.6 g</small>	Ham Cutlet Curry <small>Calories : 732 kcal Sodium : 3.7 g</small>	Steamed Meat Dumpling Curry <small>Calories : 764 kcal Sodium : 3.9 g</small>			
Dinner	Main Dish A ¥490	Dinner Closed							
	Rice Bowl or Curry ¥500								
Noodle	Udon /Soba ¥330	Udon/Soba <small>Calories : 320 kcal Sodium : 3.9 g</small>	Udon/Soba <small>Calories : 320 kcal Sodium : 3.9 g</small>	Udon/Soba <small>Calories : 320 kcal Sodium : 3.9 g</small>	Udon/Soba <small>Calories : 320 kcal Sodium : 3.9 g</small>	Udon/Soba <small>Calories : 320 kcal Sodium : 3.9 g</small>			
	Ramen ¥500	Tonkotsu Ramen (Pork Bone Broth) <small>Calories : 494 kcal Sodium : 4.4 g</small>	Spicy Garlic Stamina Ramen <small>Calories : 549 kcal Sodium : 3.8 g</small>	Miso Ramen <small>Calories : 486 kcal Sodium : 4.3 g</small>	Shoyu Ramen (Soy Sauce Broth) <small>Calories : 469 kcal Sodium : 3.8 g</small>	Tonkotsu Shoyu Ramen (Pork Bone & Soy Sauce Broth) <small>Calories : 533 kcal Sodium : 3.5 g</small>			

Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
 The total value of these items is equivalent to 950 yen!
 Enjoy a well-balanced meal at a great price!
 You can get a large serving of rice at no extra charge!
 (Please request it at the counter.)

【How to Order the Set Meal】

- (1) Request "Set Meal A (or B)" at the counter.
- (2) Choose two side dishes.
- (3) Inform us of your preferred rice size (L, M, S).
- (4) Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
- (5) Proceed to payment.



The menu may change depending on the ingredients supply situations and sales.