



WEEKLY MENU



Dish		Mon Jun 15	Tue Jun 16	Wed Jun 17	Thu Jun 18	Fri Jun 19	Sat Jun 20	Sun Jun 21
Lunch	Main Dish A ¥490	Stir-fried Pork & Cabbage with Spicy Soy Sauce Calories : 258 kcal Sodium : 1.0 g	Leeks & Salt Seasoned Chicken Calories : 351 kcal Sodium : 1.5 g	Pork Cutlet with Aurora (Mayo & Ketchup) Sauce Calories : 434 kcal Sodium : 1.4 g	Simmered Chicken & Taro with Miso Calories : 365 kcal Sodium : 1.3 g	Today's Special Pork <i>Shabu-shabu</i> with Savory <i>Yakiniku</i> & <i>Ponzu</i> (Citrus-seasoned Soy) Sauce Blend Calories : 184 kcal Sodium : 2.4 g	Simmered Chicken & Potato with Sweet & Spicy Sauce Calories : 450 kcal Sodium : 2.8 g	Stir-fried Pork and Mushrooms with Teriyaki Sauce Calories : 269 kcal Sodium : 1.6 g
	Main Dish B ¥490	Grilled Cod with Crispy Bread Crumbs Calories : 109 kcal Sodium : 1.2 g	Deep-fried White-fleshed Fish with Starchy Sweet & Sour Sauce Calories : 216 kcal Sodium : 1.3 g	Flounder Meunière Calories : 201 kcal Sodium : 0.8 g	Grilled Rockfish with Salted Rice Malt Calories : 126 kcal Sodium : 1.2 g	Deep-fried White-fleshed Fish with Seaweed Calories : 219 kcal Sodium : 0.6 g	Miso-marinated Grilled Red-fleshed Fish Calories : 306 kcal Sodium : 2.6 g	Simmered Mackerel with Pickled Plum & Soy Sauce Calories : 244 kcal Sodium : 4.4 g
	Rice Bowl ¥500	Gapao Rice Calories : 651 kcal Sodium : 2.7 g	Loco Moco Rice Bowl Calories : 650 kcal Sodium : 1.5 g	Yakitori (Grilled Chicken) Rice Bowl Calories : 759 kcal Sodium : 3.4 g	Spicy Pork Rice Bowl Calories : 711 kcal Sodium : 1.9 g	Beef Sukiyaki Rice Bowl Calories : 604 kcal Sodium : 5.5 g	Deep-fried White-fleshed Fish Rice Bowl Calories : 750 kcal Sodium : 1.7 g	Deep-fried Chicken (Karaage) Rice Bowl Calories : 542 kcal Sodium : 2.1 g
	Curry ¥500	Hamburg Steak Curry Calories : 778 kcal Sodium : 3.9 g	Beef Croquette Curry Calories : 790 kcal Sodium : 4.0 g	Sunny Side Up Curry Calories : 715 kcal Sodium : 3.4 g	Minced Meat Cutlet Curry Calories : 772 kcal Sodium : 3.7 g	Chicken Cutlet Curry Calories : 746 kcal Sodium : 3.3 g	Soft-boiled Egg Curry Calories : 720 kcal Sodium : 3.4 g	Pork Cutlet Curry Calories : 762 kcal Sodium : 3.9 g
Dinner	Main Dish A ¥490	Tandoori Chicken Calories : 460 kcal Sodium : 2.2 g	Cheese Hamburg Steak Calories : 390 kcal Sodium : 2.6 g	Spicy Chili Deep-fried Squid Calories : 246 kcal Sodium : 1.7 g	Grilled Cod with Crispy Bread Crumbs Calories : 109 kcal Sodium : 1.2 g	Oita-style Chicken Tempura Calories : 501 kcal Sodium : 4.3 g	Deep-fried Flounder Calories : 178 kcal Sodium : 0.4 g	Chicken Sauté with Tomato Sauce Calories : 409 kcal Sodium : 1.5 g
	Rice Bowl or Curry ¥500	Gapao Rice Calories : 651 kcal Sodium : 2.7 g	Beef Croquette Curry Calories : 790 kcal Sodium : 4.0 g	Yakitori (Grilled Chicken) Rice Bowl Calories : 759 kcal Sodium : 3.4 g	Minced Meat Cutlet Curry Calories : 772 kcal Sodium : 3.7 g	Beef Sukiyaki Rice Bowl Calories : 604 kcal Sodium : 5.5 g	Soft-boiled Egg Curry Calories : 720 kcal Sodium : 3.4 g	Deep-fried Chicken (Karaage) Rice Bowl Calories : 542 kcal Sodium : 2.1 g
Noodle	Udon/Soba ¥330	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g
	Ramen ¥500	Tonkotsu Shoyu Ramen (Pork Bone & Soy Sauce Broth) Calories : 533 kcal Sodium : 3.5 g	Shio Ramen (Salt Broth) Calories : 497 kcal Sodium : 2.6 g	Champon Noodles (Rich & Creamy Pork Broth) Calories : 583 kcal Sodium : 4.0 g	Tantanmen - Ramen in Spicy Soup with Ground Meat Calories : 626 kcal Sodium : 3.4 g	Spicy Garlic Stamina Ramen Calories : 641 kcal Sodium : 7.4 g	Shoyu Ramen (Soy Sauce Broth) Calories : 414 kcal Sodium : 9.9 g	Miso Ramen Calories : 486 kcal Sodium : 4.3 g

Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
 The total value of these items is equivalent to 950 yen!
 Enjoy a well-balanced meal at a great price!
 You can get a large serving of rice at no extra charge!
 (Please request it at the counter.)

【How to Order the Set Meal】

- (1) Request "Set Meal A (or B)" at the counter.
- (2) Choose two side dishes.
- (3) Inform us of your preferred rice size (L, M, S).
- (4) Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
- (5) Proceed to payment.



The menu may change depending on the ingredients supply situations and sales.