



WEEKLY MENU



Lunch		Dish	Mon Jul 20	Tue Jul 21	Wed Jul 22	Thu Jul 23	Fri Jul 24	Sat Jul 25	Sun Jul 26
		Main Dish A ¥490	Stir-fried Pork with Butter Soy Sauce	Oita-style Chicken Tempura	Sweet & Soy Simmered Meat & Tofu	Chicken Sauté with Tomato Sauce	Grilled Pork with Salt & Leeks	Grilled Chicken with Lemon Pepper Seasoning	Stir-fried Pork in Kimchi Style
			Calories : 278 kcal Sodium : 1.3 g	Calories : 501 kcal Sodium : 4.3 g	Calories : 571 kcal Sodium : 2.1 g	Calories : 409 kcal Sodium : 1.5 g	Calories : 258 kcal Sodium : 2.3 g	Calories : 422 kcal Sodium : 2.2 g	Calories : 334 kcal Sodium : 1.8 g
		Main Dish B ¥490	Grilled White-fleshed Fish with Spices & Herbs	Grilled Mackerel with Sesame & Soy Sauce	Spicy Chili Deep-fried Squid	Deep-fried Flounder with Ponzu (Citrus-seasoned Soy Sauce)	Simmered Beltfish in Sweet Soy	Red-fleshed Fish with Starchy Sweetened Soy Sauce	Simmered Blue Grenadier (Fish) in Sweet Soy Glaze
			Calories : 153 kcal Sodium : 2.1 g	Calories : 214 kcal Sodium : 0.9 g	Calories : 246 kcal Sodium : 1.7 g	Calories : 227 kcal Sodium : 1.0 g	Calories : 280 kcal Sodium : 2.4 g	Calories : 274 kcal Sodium : 3.5 g	Calories : 133 kcal Sodium : 3.0 g
		Rice Bowl ¥500	Three-color Rice Bowl scattered with Ground Chicken, Scrambled Egg, & Spinach	Pork Mayonnaise Rice Bowl	Rice Bowl of Egg & Chicken Simmered in Sweet Soy	Pork Rice Bowl with Miso, Butter, & Corn	Bibimbap Rice Bowl - Korean Mixed Rice	Hui Guo Rou Rice Bowl - Twice-cooked Pork	Chicken & Egg Rice Bowl
			Calories : 405 kcal Sodium : 1.3 g	Calories : 724 kcal Sodium : 4.7 g	Calories : 749 kcal Sodium : 2.4 g	Calories : 585 kcal Sodium : 2.5 g	Calories : 670 kcal Sodium : 1.9 g	Calories : 650 kcal Sodium : 2.4 g	Calories : 724 kcal Sodium : 5.3 g
		Curry ¥500	Minced Meat Cutlet Curry	Soft-boiled Egg Curry	Summer Vegetables Curry	Shrimp Cutlet Curry	Vegetable Croquette Curry	Scrambled Egg Curry	Deep-fried Pork-wrapped Vegetables Curry
Calories : 872 kcal Sodium : 5.7 g	Calories : 776 kcal Sodium : 5.4 g		Calories : 815 kcal Sodium : 5.2 g	Calories : 801 kcal Sodium : 5.6 g	Calories : 804 kcal Sodium : 5.6 g	Calories : 772 kcal Sodium : 5.7 g	Calories : 807 kcal Sodium : 5.3 g		
Dinner		Main Dish A ¥490	Deep-fried Chicken with Mayo & Soy Sauce	Stir-fried Beef with Miso	Stir-fried Pork flavored with Curry	Stir-fried Pork with Garlic & Pepper	Simmered Chicken with Sweet & Sour Soy Sauce	Pork Cutlet with Grated Radish (Daikon) in Sweet Soy	Sweet Soy Pork & Egg Stir-fry
			Calories : 549 kcal Sodium : 1.6 g	Calories : 212 kcal Sodium : 1.6 g	Calories : 276 kcal Sodium : 2.0 g	Calories : 282 kcal Sodium : 3.0 g	Calories : 496 kcal Sodium : 5.2 g	Calories : 347 kcal Sodium : 1.3 g	Calories : 317 kcal Sodium : 1.3 g
		Rice Bowl or Curry ¥500	Three-color Rice Bowl scattered with Ground Chicken, Scrambled Egg, & Spinach	Soft-boiled Egg Curry	Rice Bowl of Egg & Chicken Simmered in Sweet Soy	Shrimp Cutlet Curry	Bibimbap Rice Bowl - Korean Mixed Rice	Scrambled Egg Curry	Chicken & Egg Rice Bowl
			Calories : 405 kcal Sodium : 1.3 g	Calories : 676 kcal Sodium : 3.4 g	Calories : 749 kcal Sodium : 2.4 g	Calories : 702 kcal Sodium : 3.8 g	Calories : 670 kcal Sodium : 1.9 g	Calories : 772 kcal Sodium : 5.7 g	Calories : 724 kcal Sodium : 5.3 g
All Day	Noodles	Udon /Soba ¥330 (Hot) / ¥380 (Cold)	Udon/Soba (Hot/Cold)	Udon/Soba (Hot/Cold)	Udon/Soba (Hot/Cold)	Udon/Soba (Hot/Cold)	Udon/Soba (Hot/Cold)	Udon/Soba (Hot/Cold)	Udon/Soba (Hot/Cold)
			Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g	Calories : 320 kcal Sodium : 3.9 g
		Ramen ¥500	Tonkotsu Shoyu Ramen (Pork Bone & Soy Sauce Broth)	Shio Ramen (Salt Broth)	Cold Noodles with Toppings (Meat, Vegetables, and Thinly Sliced Egg) ¥550	Tantanmen - Ramen in Spicy Soup with Ground Meat	Spicy Garlic Stamina Ramen	Shoyu Ramen (Soy Sauce Broth)	Miso Ramen
			Calories : 533 kcal Sodium : 3.5 g	Calories : 497 kcal Sodium : 2.6 g	Calories : 478 kcal Sodium : 3.4 g	Calories : 626 kcal Sodium : 3.2 g	Calories : 641 kcal Sodium : 7.4 g	Calories : 414 kcal Sodium : 9.9 g	Calories : 486 kcal Sodium : 4.3 g

Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
The total value of these items is equivalent to 950 yen!
Enjoy a well-balanced meal at a great price!
You can get a large serving of rice at no extra charge!
(Please request it at the counter.)

【How to Order the Set Meal】

- Request “Set Meal A (or B)” at the counter.
- Choose two side dishes.
- Inform us of your preferred rice size (L, M, S).
- Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
- Proceed to payment.



The menu may change depending on the ingredients supply situations and sales.