



WEEKLY MENU



Dish		Mon Dec 1	Tue Dec 2	Wed Dec 3	Thu Dec 4	Fri Dec 5	Sat Dec 6	Sun Dec 7
Lunch	Main Dish A ¥490	White Creamy Chicken Stew Calories : 467 kcal Sodium : 3.3 g	Stir-fried Pork with Oyster Sauce Calories : 275 kcal Sodium : 1.6 g	Deep-fried Chicken (Karaage) Calories : 424 kcal Sodium : 1.3 g	Hamburg Steak with Demi-glace Sauce Calories : 333 kcal Sodium : 1.7 g	Sweet & Sour Flavored Pork Calories : 249 kcal Sodium : 1.1 g	Oita-style Chicken Tempura Calories : 505 kcal Sodium : 4.3 g	Jumbo Minced Meat Cutlet Calories : 378 kcal Sodium : 1.8 g
	Main Dish B ¥490	Grilled Cod with Miso & Butter Calories : 182 kcal Sodium : 0.8 g	Simmered Flounder with Miso Calories : 131 kcal Sodium : 2.6 g	Grilled Spanish Mackerel with Sake Lees Calories : 125 kcal Sodium : 0.7 g	Simmered Mackerel with Sweetened Soy Sauce & Sansho Pepper Calories : 219 kcal Sodium : 2.3 g	Grilled Blue Grenadier (Fish) with Mayo Sauce Calories : 274 kcal Sodium : 1.6 g	Grilled Mackerel with Salt Calories : 177 kcal Sodium : 1.8 g	Miso-marinated Grilled Spanish Mackerel Calories : 306 kcal Sodium : 2.5 g
	Rice Bowl ¥500	Spicy Pork Rice Bowl Calories : 713 kcal Sodium : 2.2 g	Mixed Vegetable & Seafood Tempura Rice Bowl Calories : 512 kcal Sodium : 0.5 g	Spicy Mapo Tofu Rice Bowl Calories : 522 kcal Sodium : 1.2 g	Yakitori (Grilled Chicken) Rice Bowl Calories : 759 kcal Sodium : 3.5 g	Pork Cutlet Rice Bowl with Egg Calories : 759 kcal Sodium : 4.3 g	Sweet & Spicy Soy based Marinated Fried Chicken Rice Bowl Calories : 758 kcal Sodium : 1.3 g	Hayashi Rice - Japanese-style Hashed Beef with Rice Calories : 626 kcal Sodium : 2.1 g
	Curry ¥500	Vegetable Croquette Curry Calories : 704 kcal Sodium : 3.6 g	Chicken Cutlet Curry Calories : 746 kcal Sodium : 3.3 g	Sunny Side Up Curry Calories : 715 kcal Sodium : 3.4 g	Sausage Curry Calories : 768 kcal Sodium : 3.9 g	Minced Meat Cutlet Curry Calories : 772 kcal Sodium : 3.7 g	Ham Cutlet Curry Calories : 732 kcal Sodium : 3.7 g	Omelet Curry Calories : 682 kcal Sodium : 3.2 g
	Main Dish A ¥490	Simmered Rockfish in Sweet Soy Calories : 138 kcal Sodium : 2.6 g	Garlic Pepper Chicken Calories : 361 kcal Sodium : 2.4 g	Pork and Tofu Simmered in Miso Kimchi Sauce Calories : 323 kcal Sodium : 2.0 g	Simmered Chicken with Grated Radish (Daikon) in Sweet Soy Calories : 502 kcal Sodium : 1.3 g	Stir-fried Pork and Mushrooms with Teriyaki Sauce Calories : 269 kcal Sodium : 1.7 g	Chinjao Rosu - Stir-fried Beef with Bell Peppers Calories : 475 kcal Sodium : 3.2 g	Grilled Pork Ginger Calories : 235 kcal Sodium : 1.5 g
	Rice Bowl or Curry ¥500	Vegetable Croquette Curry Calories : 704 kcal Sodium : 3.6 g	Mixed Vegetable & Seafood Tempura Rice Bowl Calories : 512 kcal Sodium : 0.5 g	Sunny Side Up Curry Calories : 715 kcal Sodium : 3.4 g	Yakitori (Grilled Chicken) Rice Bowl Calories : 759 kcal Sodium : 3.5 g	Minced Meat Cutlet Curry Calories : 772 kcal Sodium : 3.7 g	Sweet & Spicy Soy based Marinated Fried Chicken Rice Bowl Calories : 758 kcal Sodium : 1.3 g	Omelet Curry Calories : 682 kcal Sodium : 3.2 g
	Udon /Soba ¥330	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g	Udon/Soba Calories : 320 kcal Sodium : 3.9 g
	Ramen ¥500	Miso Ramen Calories : 486 kcal Sodium : 4.3 g	Shoyu Ramen (Soy Sauce Broth) Calories : 469 kcal Sodium : 3.8 g	Tonkotsu Shoyu Ramen (Pork Bone & Soy Sauce Broth) Calories : 533 kcal Sodium : 3.5 g	Champon Noodles (Rich & Creamy Pork Broth) Calories : 588 kcal Sodium : 4.5 g	Shio Ramen (Salt Broth) Calories : 439 kcal Sodium : 2.5 g	Tantanmen - Ramen in Spicy Soup with Ground Meat Calories : 625 kcal Sodium : 3.4 g	Tonkotsu Ramen (Pork Bone Broth) Calories : 494 kcal Sodium : 4.4 g
Dinner	Main Dish A ¥490	Simmered Rockfish in Sweet Soy Calories : 138 kcal Sodium : 2.6 g	Garlic Pepper Chicken Calories : 361 kcal Sodium : 2.4 g	Pork and Tofu Simmered in Miso Kimchi Sauce Calories : 323 kcal Sodium : 2.0 g	Simmered Chicken with Grated Radish (Daikon) in Sweet Soy Calories : 502 kcal Sodium : 1.3 g	Stir-fried Pork and Mushrooms with Teriyaki Sauce Calories : 269 kcal Sodium : 1.7 g	Chinjao Rosu - Stir-fried Beef with Bell Peppers Calories : 475 kcal Sodium : 3.2 g	Grilled Pork Ginger Calories : 235 kcal Sodium : 1.5 g
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Set Meal

800 yen (tax included) = Rice + Miso soup + Main dish + 2 Side dishes
The total value of these items is equivalent to 950 yen!
Enjoy a well-balanced meal at a great price!
You can get a large serving of rice at no extra charge!
(Please request it at the counter.)

【How to Order the Set Meal】

- (1) Request "Set Meal A (or B)" at the counter.
- (2) Choose two side dishes.
- (3) Inform us of your preferred rice size (L, M, S).
- (4) Your set meal (rice, miso soup, main dish, and two side dishes) is ready!
- (5) Proceed to payment.



The menu may change depending on the ingredients supply situations and sales.